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# Control methodology of the learner's psychophysiological state

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*The article presents a technology of learner's psychophysiological state control allowing improving the efficiency of learning and adjusting the learner's individual educational trajectory. The proposed method of data registration is noncontact and has no psychological impact on a person during registration. The levels of a person mental stress are defined, a set of facial characteristics for assessing the status of mental stress on the image from a web camera is proposed. An operation sequence of the technology of learner psychophysiological state control is proposed. Prospect for the development of the proposed technology is its application for the diagnosis and monitoring psychophysiological state of the drivers, pilots and high-tech industry operators.*

**Keywords:** psychophysiological state, noncontact registration method, mimics.

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