

ASTHENIA AS EARLY SYMPTOMS OF DISADAPTATION

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***Annotation.** Medical and psychosocial aspects of asthenia in higher school students have been analyzed in terms of disadaptation. Asthenic symptoms have been described, as well as their impact on function of humans. Treatment options of asthenia were scrutinized. Anti-asthenic effectiveness of a nootropic Noben in early stages of students disadaptation have been proved.*

Keywords: asthenia, disadaptation, psychological readaptation of students, nootropics, Noben.

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