

**THE CONCEPT OF ORGANIZATION OF PSYCHO-PEDAGOGICAL
SUPPORT, ADAPTATION AND PRESERVATION
OF MENTAL HEALTH IN LEARNING PROCESS
BAUMAN MOSCOW STATE TECHNICAL UNIVERSITY**

©E.Yu. Egorova

Bauman Moscow State Technical University, Moscow, 105005, Russia

***Annotation.** Justification of the need to organize the service of pedagogical psychological support of students in the learning process by the example of Bauman University. Disclosure of measures aimed at creating a sustainable adaptation to the learning environment at the University, the preservation of mental health and the formation of a stable mature personality. Monitoring public opinion on psychological adjustment during University studies, prevention of violations of maladjustment and relationships.*

Keywords: psychological and educational support, adaptation, mental health, personal development, self-regulation, prevention of maladjustment, personal approach.

Egorova E. Yu., Assistant, Post-graduate of the Valeology Department of Bauman Moscow State Technical University. Fields of activity: health-saving technologies, social psychology. e-mail: ekyu@healtech.org
