## SELF-RELIABILITY IN THE STRUCTURE OF THE PERSONAL RELIABILITY OF THE EXPERT

## ©V.M. Kruk

Bauman Moscow State Technical University, Moscow, 105005, Russia

Annotation. The article develops the psychodynamic approach to the psychological ensuring of personal reliability. A hypothesis is suggested that in relation to individual specialists this activity requires differentiation due to existing or formed at a certain stage specific force fixity of their Super-Ego of the personal reliability that is defined by the author as the personal self-reliability.

*Keywords*: reliability of the specialist, types and psychological mechanism to ensure reliability, monitoring, evaluation, self-reliability.

**Kruk V.M.,** Dr. Sci. (Psychological), Leading Researcher, Professor of the Valeology Department of Bauman Moscow State Technical University. Field of activity: health-saving technologies, social psychology. e-mail: kvm@fsvgroup.ru